The world isnot

If you think you've seen a lot of the world, consider James Bond. Everyone's favourite movie spy has visited nearly 50 countries and every continent over the course of his long and adventurous career. He's even been to outer space. His latest movie, Spectre, takes him back to Mexico City, among other places, and brings him into contact with his arch-nemesis Blofeld. In honour of the upcoming release, we've chosen five epic travel destinations that Bond has visited and so can you. MARK STACHIEW FOR METRO



Jamaica

The first assignment of Sean Connery's Bond in Dr. No brought him to Jamaica, which happens to be where series creator lan Fleming wrote all of his Bond novels. His Goldeneye villa is now part of a hotel of the same name. Your visit should take you to the beach at Dunn's River Falls, where an appreciative Bond watched Honey Ryder, played by Ursula Andress, emerge from the sea. Be sure to pack your white bikini.



Schilthorn, Switzerland

Britain's super-spy spends a lot of time on skis as many of his adventures take him to the European Alps. Some of the most spectacular mountain scenery in the series is set atop the Schilthorn in Switzerland as seen in On Her Majesty's Secret Service, George Lazenby's only Bond movie. Visitors can dine at the Piz Gloria, a revolving restaurant on the summit, which was completed thanks to financing from the movie's producers.



3 Luxor, Egypt

Roger Moore's Bond amassed a ton of frequent-flyer miles as he criss-crossed the globe chasing villains in a series of exotic locales, including the awe-inspiring, ancient Karnak temple at Luxor in Egypt. While there, he battled his metal-mouthed foe, Jaws. You won't have to worry about Jaws if you go, but some travellers are skipping Egypt these days because of terrorism fears, real or imagined. Bond laughs at terrorists.



Monaco

Put on your tuxedo and brush up on your baccarat skills at the Casino de Monte Carlo in Monaco, and hope that you are as lucky at gambling as Pierce Brosnan's Bond was in Goldeneye. If you're bad at cards, you can always play the slot machines, which somehow seem out of place here.



Siena, Italy

The biannual Palio de Siena serves as a backdrop while Daniel Craig's Bond chases a bad guy on the town's cobbled roofs in Quantum of Solace. The colourful race pits riders from different wards of the Tuscan town against each other for nothing more than a painted banner, but winning it can prompt months of celebration in that ward

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Cycle in Guadeloupe

Polish up your Antillian Creole. The French island of Guadeloupe has some of the best cycling tours in the Caribbean. The Basse Terre half of the region is mountainous, with fewer roads and challenging terrain, the grades hitting 20 per cent. The Grande Terre side features more rolling forest hills. Enjoy both the scenery and the paved roads. Visit guadeloupeislands.com.



La Pointe des Châteaux, Guadeloupe. CONTRIBUTED

Spot the iceberg

Small-ship expedition leaders Adventure Canada is offering 30 per cent off the berth price of its Greenland and Wild Labrador expedition if you book before Dec. 18 for travel June 29 to July 11, 2016. The 13-day journey sailing from St. John's takes in exotic animal-spotting and incredible geography. From about \$6,700. Visit AdventureCanada. com/trip/greenlandwild-labrador-2016.

Ski in Wyoming

Big snow, big vertical, big sky. Celebrating its 50th anniversary, Jackson Hole Mountain Resort is expanding with new terrain, a new summit restaurant and a new lift that will take 2,000 skiers up 500 metres every hour. Their now-famous gondola is still a prerun thrill. Easy to get to, too: One hop from Seattle, Minneapolis or Chicago and you're in. Visit JacksonHole.com. DOUG WALLACE

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